

## Pediatric Partners' Psychotropic Medication Management Agreement

The Behavioral Health team at Pediatric Partners is committed to providing safe and evidence-based treatment for our patients with ADHD, anxiety, OCD, depression, mood disorders and other mental health conditions. The following guidelines are designed to improve treatment outcomes, reduce risk of adverse side effects, and ensure proper use of psychotropic medications. Routine med-checks are important to monitor progress, ensure optimal management, monitor growth, and ensure overall mental and physical patient health. These appointments are an opportunity for you to address any questions or concerns you may have with your physician.

If you have any medication concerns, including side effects or any concerns of an acute change in behavior, please call our office anytime to speak with our behavioral health team or schedule a same day emergent visit.

### General Prescription Guidelines:

- Routine med checks will be scheduled within 2 - 3 weeks of starting a new medication or dosage change as determined by the physician.
- Once the medication regimen is stable, a med check is required every 3 months (even when medications are not being used on a daily basis).
- Please discuss with your physician an alternate option if you plan extended travel or will be attending school out of town.
- Many of these medications should not be stopped abruptly, please discuss with the provider if you wish to wean off.

### Scheduling and Keeping Your Med-Check Appointments:

- We have limited med check appointments available and therefore, it is imperative to schedule your next visit with plenty of notice and should preferably be done at time of your current visit to ensure appointment availability.
- If you use a mail-order pharmacy, please schedule your appointment at least 14 days prior to when next refill is due to allow time for the pharmacy to fill the medication.
- Missed or cancelled appointments will be rescheduled for the next available time which may be several weeks out; therefore, we suggest you make every effort to keep your scheduled consult and med check appointments.

### Controlled Medications

- ADHD (and other) medications are classified as controlled substances and are tightly regulated by State and Federal law because of their potential for abuse. These prescriptions must be printed and signed or e-prescribed by physicians only.
- Pediatric Partners shall be notified promptly if prescription or medication is lost, stolen or rendered unusable. An office visit will be necessary to replace the medication.
- Unused prescriptions should be brought with you to the next visit to ensure that they are properly discarded.
- Prescriptions for controlled medications will only be written during consult and med-check appointments. Missed appointments may result in the patient going without their controlled medication until the next scheduled appointment.
- Partial refills for controlled substances are not permitted except for extenuating circumstances and physician's discretion.

### Patient Agreement

- I will use my medication as prescribed and not make adjustments on my own.
- I will not seek nor obtain ADHD or other psychotropic medications from another provider.
- I agree to keep all scheduled appointments. I understand that I may be charged for no show or same day cancellations.
- I will not share, trade nor sell my medication to anyone.
- I understand that Pediatric Partners is obligated to request information from Florida's Prescription Drug Monitoring Program (PDMP) when prescribing controlled substances for patients 16 years and older.
- I understand that the person picking up the prescription may be asked to show photo identification.
- I agree to undergo random urine drug screens if requested by my physician.

\_\_\_\_\_  
Patient Name Printed

\_\_\_\_\_  
Parent/Guardian/Patient (if 18 yrs or older) Signature

\_\_\_\_\_  
Date